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**MADE RESOLUTIONS?
PLANNING AND BABY
STEPS WILL GIVE THEM
MOMENTUM** {page 14}



**INCOMPATIBLE
WAS KATY
TOO FAMOUS
FOR RUSSELL?**

{page 13}



EDMONTON

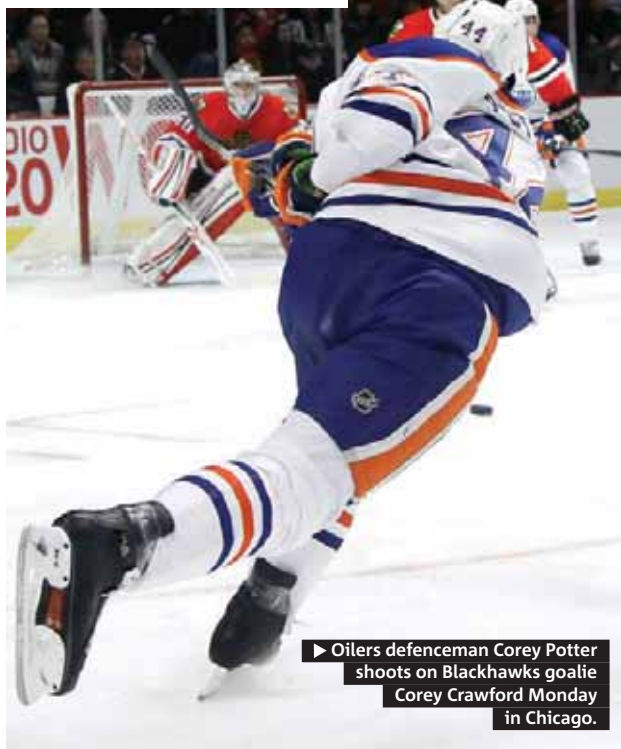
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► Oilers defenceman Corey Potter shoots on Blackhawks goalie Corey Crawford Monday in Chicago.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

Oilers win battle with Hawks

The Oilers scored three goals in the second period to come away with a 4-3 win during a chippy game against the Chicago Blackhawks on Monday night. For more, see page 17.

Chief focused on lower murder rate

- Three-to-five-year plan includes community outreach programs
- City approved \$3 million to hire new officers and staff

Edmonton police Chief Rod Knecht is hoping for better numbers this year.

It's a simple math wish: He wants more officers investigating fewer homicides.

The city spent the majority of 2011 with the highest homicide numbers in the country, earning the nickname Deadmonton from some media. By mid-October, it surpassed its record of 38 homicides, set in 2005.

And by December, Edmonton's homicide tally was neck-and-neck with Toronto's. Edmonton finished the year with 47 killings, beating Toronto at 46.

"It puts us in the spotlight, and nobody likes to be in the spotlight," said Knecht. "What we've got to do is invest in the homicide unit and try to stay ahead of the curve as best we can."

And that's his plan. Knecht said seven to 10 officers will be added to the unit early this year.

Ten officers were temporarily assigned to help the 16-member team last spring, when the homicide numbers started climbing and causing concern. Knecht said the expansion needs to be permanent.

Even if the homicide rate drops this year, he said the unit will be busy trying to make arrests in many of its 2011 cases. About 40 per cent of the files remain unsolved.

"We'll be in big trouble if in 2012 we have the same numbers as we have in 2011, because our folks are stretched to capacity."

Knecht recently sat down with an Edmonton woman who wanted to talk with him about her son's unsolved killing a few years ago.

"Please solve the murder of my son," she told the chief. The conversation has stuck with him.

"There are many other people out there like this lady, who are grieving, who need resolution, who need closure," he said.

Knecht said sexual assaults in the city increased in 2011, but property crime, break-and-enters, personal robberies and vehicle thefts all dropped. **THE CANADIAN PRESS**

National homicide rates {page 4}



► Chief Rod Knecht

Busy unit

► Knecht said he hopes 40-plus homicides each year is not the new normal. Historically, the city averages about 28.

► He said the unit also has a pile of 100 cold cases dating back three decades, and it's important to keep working on those.

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ETS Expands Service with New Route to Creekwood Chappelle

Express Creekwood-Century Park bus line opens today

Living in Creekwood just got better. Today, January 3, marks the first day of the non-stop Creekwood-Century Park bus line. The development group behind Creekwood wanted to make the community as accessible as possible, and worked with the city to provide express bus service from the very beginning of development. The new route, up and running as of today, quickly brings residents from Creekwood Chappelle to the Century Park Transit Station. Commuters can now easily connect to all areas of the city.

“With such convenient transit options, people living in Creekwood

can choose whether they want, or need, to drive at all,” said Katrina Rowe of Sherrick Management. “The connectedness of Edmonton’s transit system gives people the option of going green and saving money at the same time.”

With its family friendly atmosphere and multitude of nature trails, Creekwood offers a comfortable mix of urban living and serenity. Its proximity to Whitemud Creek ravine provides views and trails you can’t find anywhere else in Edmonton.

“We’re close to everything a homeowner needs,” Rowe says. “Ten

minutes from South Edmonton Common, three-and-a-half minutes from Currents of Windermere, and right in the middle of some beautiful Albertan scenery. Then, at 111th Street and Ellerslie Road, we’ve got all the grocery stores, gas stations, and smaller shops you could need.”

With the addition of the Creekwood-Century Park bus line Creekwood becomes even more accessible to Edmonton’s transit network. The Century Park station is currently the southernmost stop on Edmonton’s LRT line, but future LRT plans project the line to move even further south.



The added convenience of this new bus route is just another item in a long list of benefits that Creekwood residents enjoy on a daily basis. With a variety of housing options, and a unique natural beauty, Creekwood is a nature lover’s playground with an alluring lifestyle.



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CreekwoodChappelle.com





Woman killed in suspicious house fire identified

A 60-year-old woman who died in a New Year's Eve fire, which police are considering suspicious, has been named.

Rukmani Prasad, 60, hailed from Fiji but was living in Edmonton with her husband, said family members. Fire crews were called to the home at 147 Avenue and 32 Street after a blaze broke out Saturday afternoon.

Prasad died at the scene from her injuries.

Her husband suffered burns to 68 per cent of his body. An autopsy is slated for Tuesday. **METRO**

Man charged in homicide

Edmonton police have charged a man in the city's 47th homicide of 2011.

Officers were called to an apartment suite at 83 Street and Jasper Avenue at about 3 p.m. on Dec. 31, where they found the body of a woman in her 20s.

Police said they believe the deceased woman and the accused knew each other.

Joshua James Houle, 27, is charged with second-degree murder.

An autopsy for the victim, who has not been identified, is slated for Wednesday morning.

METRO



► Everett Kunitz collects serviceable used shoes, which will be distributed through the Salvation Army to needy men, women and children. This year, work boots are most wanted.

A hand up, not a handout

► Soles for Souls campaign underway for third year, giving away thousands of shoes to those in need ► Kunitz Shoes asks for men's safety work boots



LUCY HAINES
EDMONTON@METRONEWS.CA

It seems like a no-brainer to Everett Kunitz, owner of Kunitz Shoes — to give back to the community in a way that comes naturally.

For three years, Kunitz and family have used their longtime retail shoe business to help Edmontonians in need of footwear, especially children's shoes and boots.

"People were leaving

shoes behind when they bought a new pair," says Kunitz. "It's a small part we can play and easy to do. We're just facilitators."

Kunitz likes this year's initiative to collect men's work boots, pointing to the \$200-plus price tag for proper safety industry footwear that can be out of reach for some.

Karen Diaper, Salvation Army assistant public relations director for Edmonton and area, recalls that one fellow was able to take a job because of the

Stockpiling shoes

► Close to 5,000 pairs of shoes have been collected and distributed through Soles for Souls to Edmonton families in need, especially children's winter boots and shoes.

► Kunitz Shoes accepts wearable used shoes at the

south side and Jasper Avenue stores, giving \$20 toward a new pair of shoes for a donated pair.

► For every 4 pairs of work boots donated, Blunstone and Kunitz Shoes will donate a pair of brand new steel-toed CSA-approved work boots to the Salvation Army for free distribution.

work boots he got through this program.

"It's important, and families need this help all

year round," she says.

For more information on Soles for Souls, see kunitzshoes.ca

1

news


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metronews.ca

Edmonton photographer Paul Burwell explains how he creates his detailed and radiantly lit images of snowflakes. Video at metronews.ca/video



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Numbers tell the story

► 2011 was an unusual year for murders in Canada, with some areas setting records for most or fewest homicides ► Here's a look at all nine Metro Canada cities

Vancouver

Population: 578,000

The City of Vancouver saw 15 homicides in 2011. The final homicide in the city was the New Year's Eve stabbing death of 19-year-old Dylan Cody Smith at an apartment. In Metro Vancouver and the Fraser Valley, there were 35 homicides in 2011, according to CBC.

15

Edmonton

Population: 730,000

Edmonton saw its deadliest year ever in 2011 — including two slayings in the final 24 hours, with a 35-year-old man and a woman in her 20s becoming the 46th and 47th homicide victims. The city, which led the country in homicides, surpassed its previous record of 38 from 2005.

47

Winnipeg

Population: 633,000

Winnipeg saw a record 39 homicides in 2011, up from the previous record of 34. The high number of killings was attributed to increasing gang violence and one instance where a woman allegedly set fire to a rooming house, killing five occupants.

39

Montreal

Population: 1.6 million

Montreal saw 35 homicides on its territory in 2011, down two from 2010. In the province of Quebec, there were 102 homicides, an increase of 28 per cent.

35

Halifax

Population: 370,000

Homicides were up significantly for Halifax, with 17 throughout the municipality in 2011. That's six more than in 2010 and four more than the previous record of 13 from 2009. Most of the homicides weren't random, but in late November three teens were charged in the indiscriminate shooting of a Halifax-area senior out for a walk.

17

Calgary

Population: 988,000

Early intervention and funding commitments from municipal and provincial governments are being touted as major factors in keeping Calgary's homicide number at 11, the lowest it's been in eight years. The final count is in stark contrast to killings at the height of the city's gang war in 2008 and 2009, when roughly three times the murders were recorded.

11

Toronto

Population: 2.5 million

Toronto recorded 46 murders in 2011, the lowest number in 25 years. This was the fourth straight year of declines since 2007, when the city recorded its deadliest year (matched in 1991) with 86 homicides. Police Chief Bill Blair attributed some of the decline to the disruption of gang activity following sweeping raids carried out across the region.

46

London

Population: 352,000

London police reported eight homicides in 2011 — up from seven in 2010 — the most murders on record since slayings spiked to 14 in 2005. The last murder was reported on Dec. 27, when Said Had-bai, 20, was found shot in a parking lot. He died in hospital.

8

Ottawa

Population: 812,000

Ottawa had 11 homicides in 2011. Four victims were women and the rest men. Knives were used in five of the cases. Three other victims were shot, all of whom were men with criminal ties. The shootings remain unsolved as do three other cases: In one case, the cause of death has not been released. Ottawa had 10 homicides in 2010.

11

● METRO CANADA/
TORSTAR NEWS SERVICE

MOUNT RAINIER SHOOTING

Suspect in murder of U.S. park ranger found dead

An armed Iraq War veteran suspected of killing a Mount Rainier National Park ranger managed to evade snowshoe-wearing SWAT teams and dogs on his trail for nearly a day. He couldn't, however, escape the cold.

A plane searching the remote wilderness for Benjamin Colton Barnes, 24, Monday discovered his body lying partially submerged in an icy, snowy mountain creek with snow banks standing several feet high on either side.

"He was wearing a T-shirt, a pair of jeans and one tennis shoe. That was it," Pierce County Sheriff's spokesman Ed Troyer said.

Barnes did not have any external wounds and appears to have died from the elements, he

said. A medical examiner was at the scene to determine the cause of death. Troyer said two weapons were recovered, but he declined to say where they were located.

According to police and court documents, Barnes had a troubled transition to civilian life, with accusations in a child-custody dispute that he suffered from post-traumatic stress disorder following his Iraq deployments and was suicidal.

Barnes is believed to have fled to the remote park on Sunday to hide after an earlier shooting at a New Year's house party near Seattle that wounded four, two critically. Authorities suspect he then fatally shot ranger Margaret Anderson.

THE ASSOCIATED PRESS

MOUNT RAINIER NATIONAL PARK/THE ASSOCIATED PRESS



► Anderson



► Barnes

PIERCE COUNTY SHERIFF'S DEPT./THE ASSOCIATED PRESS

Man arrested in L.A. arson probe

DAN STEINBERG/THE ASSOCIATED PRESS

► Suspect is a German national
► Federal authorities recognized him from immigration court: Police

Authorities arrested a German man yesterday in connection with dozens of suspected arson attacks that destroyed parked cars, scorched buildings and rattled much of the second-largest U.S. city over the New Year's weekend.

Harry Burkhart, 24, was booked for investigation of arson of an inhabited dwelling and was being held without bail, authorities said. Police said he told arresting officers he's from Frankfurt.

Burkhart was arrested

earlier in the day because he resembled a "person of interest" captured on surveillance video. He was stopped by a reserve sheriff's deputy in a van being sought by arson investigators, who did not rule out the possibility that others may be involved.

More than 50 blazes have flared since Friday in Hollywood, neighbouring West Hollywood and the San Fernando Valley, causing about \$3 million US in damage.

THE ASSOCIATED PRESS



► Los Angeles Fire Department firefighters extinguish numerous vehicles in a carport in the Sherman Oaks neighbourhood of Los Angeles Monday.

More officers charged in Grenada beating death

"People who know Grenada ... will tell you that Grenada is the safest destination in the Caribbean."

TILLMAN THOMAS,
PRIME MINISTER OF GRENADA

Three more Grenada police officers were charged with manslaughter on Sunday in the beating death of a Canadian as the country's prime minister insisted the case isn't indicative of the Caribbean island's law enforcement. "This is really an isolated

case, it's unfortunate," Prime Minister Tillman Thomas told The Canadian Press in a phone interview from his home Sunday night.

A police statement said officers Edward Gibson, Shaun Ganness and Ruddy Felix were arrested and

charged Sunday in the beating death of 39-year-old Oscar Bartholomew of Toronto, who was visiting the island about 160 kilometres north of Venezuela to see family. The Sunday arrests brought the number of police suspects to five. THE ASSOCIATED PRESS

Mubarak charges could be dropped

► Acquittal of policemen accused of killing protesters raises speculation about former Egyptian president

The trial of Hosni Mubarak resumed in Cairo on Monday amid speculation that a recent acquittal of policemen tried in the killings of protesters could be a prelude to the dismissal of charges against the ousted Egyptian leader.

Mubarak, 83, is accused of complicity in the killing of more than 800 protesters during the uprising that toppled his 29-year regime last year.

He was brought by helicopter to the Cairo courthouse from a hospital where he is held in custody. He was then taken into the defendants' cage on a gurney.

Another Cairo court on Thursday acquitted five po-



► Former Egyptian president Hosni Mubarak is wheeled into a Cairo courthouse on Monday to face charges of complicity in the killing of protesters last year.

licemen of charges of killing five protesters during the uprising last Jan. 25 to Feb. 11. The court said three of the defendants were not at the site of the killings while the other two fired on protest-

ers in self-defence.

The ruling angered families of the victims. Activists demanded justice and complained that similar cases are languishing in courts in several Egyptian cities. **THE ASSOCIATED PRESS**

Show. Of strength



► Iranian naval officers celebrate after the successful launch of a Ghader missile at the shore of the Gulf of Oman during a drill on Monday.

HAMED JAFARNEJAD/ FARS NEWS AGENCY/ THE ASSOCIATED PRESS

Iranian navy test-fires cruise missile

Iran test-fired a surface-to-surface cruise missile during a drill that Admiral Habibollah Sayyari said proved Tehran was in complete control of the strategic Strait of Hormuz, the passageway for one-sixth of the world's oil supply. Tehran has threatened to close the strait as retaliation for new U.S. economic sanctions.

Israeli-Palestinian peace talks to resume

Israeli and Palestinian envoys will meet in Jordan on Tuesday in a last-ditch effort to salvage peace talks, the first time the sides are

meeting since negotiations collapsed in September 2010. But Saeb Erekat, the chief Palestinian negotiator, warned that, without a

breakthrough, the Palestinians will abandon the process and could try again for recognition at the UN. **THE ASSOCIATED PRESS**

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Media mogul tweets his 2012 resolutions

- 80-year-old Murdoch joins Twitter for the new year
- More than 46,000 followers by Monday morning

Rupert Murdoch has begun the new year by setting up in a new field of communications. He's started tweeting.

The media mogul, who is recovering from perhaps his most difficult year in the business, is posting on Twitter under the handle @rupertmurdoch, spokeswoman Daisy Dunlop at News International confirmed Monday.

The account was opened over the New Year's holiday, but many doubted its authenticity because Murdoch, 80, has generally tried to stay out of the spotlight as his media empire comes under increased scrutiny because of widespread phone hacking at his U.K. newspapers.



► Rupert Murdoch

"My resolutions, try to maintain humility and always curiosity," he tweets, making no mention of his business troubles. "And of course diet!"

His wife Wendi Deng has

also started tweeting — she's @wendideng — referring to the setbacks: "A lot of bad things happened in 2011 but I hope in 2012 we can put them all behind us and sail on to a bright future for everyone Wxx."

She also gently reminds fellow tweeters to spell her first name with an "i" at the end, not a "y."

The Murdochs' entry into the world of Twitter was met with some bemusement and some hostility.

John Prescott, former U.K. deputy prime minister, came up with one of the wittier responses. "Welcome to Twitter," he writes to the mogul. "I've left you a Happy New Year message on my voicemail!"

THE ASSOCIATED PRESS

Gas. Up



► An attendant sells fuel at a petrol station in Lagos, Nigeria, Monday.

SUNDAY ALAMBA/THE ASSOCIATED PRESS

Nigeria's gas prices may fuel unrest

Nigeria is ending fuel subsidies, an official said Sunday, a move that is sure to be unpopular in the oil-rich nation where citizens see cheap fuel as one of their few government benefits. Two union groups are threatening strikes and protests.

Pipeline top of election agenda

U.S. President Barack Obama and Congress are starting the election year locked

in a tussle over a proposed 2,735-kilometre oil pipeline that will force the White House to make a risky choice between two key Democratic constituencies.

Some labour unions say the pipeline would create thousands of jobs, while environmentalists fear it could lead to an oil spill disaster.

THE ASSOCIATED PRESS

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Corporate Canada reaping more money: StatsCan

Profitable Canadian businesses are set to reap \$2.85 billion in additional income tax savings in 2012, even as Prime Minister Stephen Harper complains about all the private "money sitting on the sidelines."

The last of five annual corporate tax cuts took effect Sunday, reducing the federal rate by another 1.5 points to 15 per cent.

This comes as corporate Canada, from multinationals to midsize businesses, squirrels away hundreds of billions of dollars as it rides out a second storm of global economic turbulence over the last three years.

The latest figures from Statistics Canada through the third quarter of 2011 show business sitting on more than \$583 billion in Canadian currency and deposits, and more than \$276 billion in foreign currency.

Those cash reserves have climbed nine per cent since last year and 27.3 per cent since 2007, when the

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Canadian economy was booming and new corporate tax cuts were announced.

Even after removing Canada's banks from the equation, non-financial corporations saw their currency and short-term paper assets climb \$33 billion in the third quarter of 2011.

THE CANADIAN PRESS

12 RESOLUTIONS WORTH KEEPING FOR 2012

SHE SAYS ...

JESSICA NAPIER
METRO



So have you broken all your new year's resolutions yet? Of course you have. Now forget those lofty ambitions that would have you forsake all your vices simultaneously, and let's try to focus on setting some small goals for the new year.

I've taken the liberty of compiling a list of 12 entirely achievable resolutions that I'd like you (yes, YOU) to make and keep for 2012. Don't worry, I promise to try my best to adhere to them as well.

After all, even a few minor changes can make the world a much better place for me, you and everyone we know.

1 I will stop watching Keeping Up with the Kardashians once and for all and spend more time with my own family.
2 I will stand right and walk left on escalators.

3 I will stop doing that thing where I see an acquaintance on the street and pretend I don't know them. We both know what's going on; let's just stop being awkward and say hello.
4 I will take better care of my hair because someday I might lose it all.

5 The same thing goes for my money.

6 I will resist the urge to like a Facebook status update about an engagement or pregnancy in order to prevent a never-ending stream of annoying comment notifications in the days that follow.

7 I will stop letting the smug woman behind the GPS navigation voice jeopardize my relationship, and surrender to the fact that maybe she does know best.

8 I will recognize that the only things that belong on the dinner table are food and cutlery, not my cellphone.

9 I will stop blaming public transit for my late arrival at the office every single morning and admit to myself (and my boss) that maybe I should be getting up 10 minutes earlier. Alternatively, I will think of some new excuses for my tardiness.

10 I will buy the \$14 bottle of wine, not the \$9 bottle. Yes, I want to save money, but the 12-hours-from-now version of me will appreciate my largesse.

11 I will listen to my mother and wear the appropriate footwear for the weather conditions.

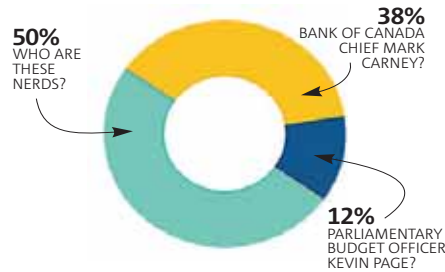
12 I will actually pay attention to the auto-correct function on my phone and stop sending embarrassing typo-filled messages to friends and family. After all, "Did you show your boss?" is a very different question than "Did you show your boobs?"

Read more of Jessica Napier's columns at metronews.ca/shesays



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Who would win a telepathic battle of smartness?



Local tweets



@RobRoyg:

You know it's been a good winter so far when I can count how many times on one hand I've had to plug in my car. #yeg

@Ministerofmagik: So much post-Christmas garbage waiting for pick-up, I'm thinking of starting my own land fill. #yeg

@BBourret6: Looks like another week of above zero. What's going on #yeg

@MindyGee: Downtown #yeg looks so bare with nobody working.... #zom-

bieapocalypse???

@EHSian: A gloomy day in #yeg. On the bright side I'm loving the mild weather we've been getting these days. Hope it holds till spring. #dreaming

@ColinBain3: Apparently everyone in #yeg got an iPad for Christmas. #leftout

@euroyardservice: I doubt we get our forecasted high of +7 today. #yeg #fail

@oiler_country: Am I the only one in #yeg that is upset the medal rounds for the #IIHF is going to take place exclusively in #yyc. We did a better job.

Daily Zoom

Homeless in Indonesia



Half of country's rainforests lost

Orphaned baby orangutans Septian and Seroja play inside a basket at a Conservation Programme facility in Batu Mbelin, North Sumatra, Indonesia. Indonesia has lost half of its rainforests in the last half century, putting the remaining 50,000 to 60,000 orangutans living in scattered, degraded forests in frequent, and often deadly, conflict with humans.

THE ASSOCIATED PRESS

Living in a concrete jungle

Veterinarians conduct surgery on an estimated 40-year-old orangutan named Puyul, who suffers from a broken leg, at their facility in Batu Mbelin, North Sumatra, Indonesia. Puyul broke his leg falling from a tree while being rescued by conservationists after he was found roaming a rubber plantation too close to a village. The vets also found air-rifle-pellet wounds in Puyul's body.

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Fee: \$560

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Fee: \$560

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Fee: \$560

Jan 9 to Apr 25

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Fee: \$560

Jan 10 to Apr 26

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Fee: \$195

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Fee: \$245, Material Fee: \$50 + GST
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Fee: \$125, Material Fee: \$15 + GST
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Fee: \$125, Material Fee: \$15 + GST
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Fee: \$510
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EDUCATION FOR THE REAL WORLD



12

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TUESDAY, JANUARY 3, 2012


Box office



Tom Cruise's new mission remains impossible to beat at the box office. Studio estimates Sunday placed Mission: Impossible - Ghost Protocol in the No. 1 spot for the second-straight weekend with \$38.3 million with a \$141.2 million domestic total. Sherlock Holmes: A Game of Shadows finished second again with \$26.5 million. The family sequel Alvin and the Chipmunks: Chipwrecked was at No. 3 with \$21 million.

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Berlin film festival to honour Meryl Streep for career achievements.

Blasting gender roles

► Bomb Girls is a new series that celebrates the strength of the women who worked in munitions factories during the Second World War ► Oscar nominee Meg Tilly plays the factory's supervisor



ANNE
BRODIE
SCENE@METRONEWS.CA

In 1995, Oscar nominee Meg Tilly left Hollywood to write, and raise her family, including a son with Colin Firth.

She's back in a passion project, Bomb Girls, set in an Ajax, Ont., munitions factory during the Second World War.

Tilly relishes her role as Lorna, whose abusive husband returned from the war paralyzed and who supervises the girls on the factory line.

Tilly sat down with Metro to talk about Bomb Girls and gender issues that are still relevant in 2012.

"I have my little chickadees to look after on Bomb Girls," says Tilly.

"Everyone's younger than me and there's all this female power. It's very sweet.

"I feel so privileged to work in this environment. How often can you walk back in a chunk of time and explore it and life in it and love it?"

"There is also such good will for this show. It was a brave choice to do such an unlikely look at the Second World War. The women had their jobs and husbands overseas but they were fighting behind the lines to protect their men and their children at home. They were soldiers."



► Meg Tilly, shown in blue, says the reason she left acting was to give her children a chance to have a normal childhood.

Lorna is nurturing yet stern in this dangerous place, where one spark from a ring or hairpin could blow it sky high.

I wanted that, "Whoa, she's tough!" But why is she tough? If someone makes a decision you don't agree with you have to understand the whys. It's her job to keep the factory safe.

She doesn't want some dilettante coming here who could kill them all. I love the humanness of the characters, more noble than they realize.

One of her charges is Gladys, a headstrong Rosedale debutante played by Jodi Balfour. Gladys works in the office but dreams of joining the line, even as her father demands that she quit and marry. Balfour says the series reflects social realities that still exist.

These issues never become irrelevant. We may have come a long way in gender issues since the war and the overt discrimination, but those things still exist.

We have the resources to

do something about them. Gender stereotypes discriminating against women can be dealt with; there are channels you can process these things through now.

But it doesn't mean attitudes have changed.

Balfour says the series inspired nostalgia for a time she never knew.

Entirely, but I've been like that all my life. I've always felt I was born into the wrong era. I relate so much

Why Meg Tilly quit acting

I took my kids, always, on films. My daughter was in the third grade and I took her when I did Leaving Normal. When we went back, her best friend was best friends with someone else and there were only seven girls in the class and she didn't have anyone to eat lunch with and she cried. I thought this is why a lot of actors mess up. Coming from a challenging childhood, I didn't want to leave my kids with someone else. If I took them away with me six or seven months a year they wouldn't have any kind of life. I realised what would pay me the most for the least amount of time, so I did TV, guest stints and saved the money, socked it away and when I had enough, I quit.

to this way of being, the chivalry of it all.

It wasn't an easy time to be a woman and I am nostalgic for it. I feel I missed out on the best time to be alive.

And being wartime, they sucked the marrow out of every day.

Bomb Girls, starring Meg Tilly and Jodi Balfour, starts Wednesday night on Global.

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Saldana and Cooper: It's on

After splitting with her fiancé of 11 years in November, Zoe Saldana has reportedly moved on to People magazine's Sexiest Man Alive, Bradley Cooper, according to E! News.

"They are totally dating," a source says of the pair, who co-star in the upcoming film The Words.

The source adds that the pair are trying to keep their budding relationship under wraps.

METRO



► Zoe Saldana

Celebrity tweets



In 2012 let's agree to a resolution to feel one another's pain & joy, & create the peace we desire through proactive generosity. XO ak



@aplusk

It's good to sit with yourself and have alone time

@lindsaylohan



@kelly.clarkson



5:30 AM is definitely too early to have to wake up.

@AlbertBrooks



My New Year's resolution was to stop tweeting.

McConaughey pops the question



► Matthew McConaughey

It only took five years and two children together, but Matthew McConaughey is now sure he wants to settle down with Camila Alves.

"Just asked Camila to marry me. Merry Christmas," McConaughey posted

on his WhoSay page on Christmas Day, accompanied by a photo of the pair kissing. There's no word on when the wedding will take place, but chances are the happy couple aren't in any hurry. METRO

Brand and Perry: What happened?

THE WORD

DOROTHY ROBINSON

SCENE@METRONEWS.CA



Without knowing either of the stars, please join me as I wildly speculate what drove Brand to file divorce papers last week.

Too much, too soon:

The two met in 2008 on the set of Brand's comedy Get Him to the Greek. After meeting again at the MTV Video Music Awards in 2009, the two started dating and it was infatuation at first sight.

Just four short months later, the two got engaged.



► Russell Brand and Katy Perry

Perry was just 25.

The two got married at a tiger sanctuary in India eight months later.

Different lifestyles

Brand is a famous former heroin and sex addict, as well as a recovering alcoholic — and is now sober and likes to stay in, watching soccer.

Katy Perry sings songs about blacking out on Friday nights — and likes to

party with people like Rihanna. Oh, and Perry's family are evangelical Christians. And, well, Brand is a recovering heroin, sex and booze addict.

The fame game

This has been the busiest year for Katy Perry — she became the first woman, and second artist overall following Michael Jackson, in the 53-year history of the Billboard Hot 100 to send five songs from an album to No. 1 with her sophomore effort Teenage Dream. She went on a massive tour, performed at most awards shows, and debuted a rainbow of new hair colours.

Brand starred in Arthur. Enough said.

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3
life

Germs



A study by researchers at Laval University found that bacteria thrives on paper products and even on unused paper towels. Research into bacterial transmission from paper towels has not previously been well documented. A study of six towel brands, all commercially sold in Canada, showed all had germs. However, recycled towels were the most heavily contaminated. No illness was found to be connected to paper towel use.

THE ASSOCIATED PRESS



Study finds nearly quarter of women get a prenatal thyroid check



► It's that time of year when we set resolutions in place.

Plan, not procrastinate

► New Year's resolutions are plentiful right now ► To make them stick, start making a plan



CELIA MILNE
LIFE@METRONEWS.CA

Want to lose weight by getting fit? Put it in your calendar.

Most New Year's resolutions fail because they are too lofty and vague. "Exercise more" is a tough instruction to follow. Where would you begin? Scientific studies have found people are more likely to be physically active if they make a realistic and de-

tailed action plan.

Your action plan might look like this: "Monday: walk at the mall 7 p.m. for half an hour, medium intensity." Wednesday's plan could be: "Lift weights, at home, 8 a.m., 20 minutes, three repetitions." And Friday's plan could be: "Boot camp, at the gym, 5:30 p.m., 45 minutes, full intensity." On Saturday? Get outside and have fun.

"Baby steps are important," says Sammie Kennedy, the creator and

CEO of Booty Camp Fitness, a growing company dedicated to helping women get active.

"When you make smaller changes over time, it becomes less overwhelming and you are more likely to gain positive momentum from actually achieving your small goals. You feel positive, you see results and you are far more likely to be successful in your larger, long-term goals."

Boot camps are growing in popularity because they

are a fun and social way to lose weight and get fit. Booty Camp Fitness, which is run by women for women, has nearly 100 locations across Canada, including British Columbia, Alberta, Ontario and New Brunswick. Kennedy has observed that the most successful clients in her eight-week boot camps are those who declare their goals, attend class regularly and make small lifestyle changes they can stick with in their daily lives.

Get fit

Here's three tips for starting the New Year off right.

- **Start slow** Work your way up from exercising twice a week to as many days as you would like to achieve.
- **Change it up** Add something new/different to your fitness routine once a month.
- **Food is important** Eat a nutritious breakfast every morning.

Best Health Minute



BONNIE MUNDAY,
EDITOR-IN-CHIEF,
BEST HEALTH
MAGAZINE

Wipe Out Germs at Home

Since germs tend to get passed around among family members, front-line wellness strategies include frequent handwashing and sneezing into a tissue or your sleeve, as well as getting a flu shot. But taking some time this week to do some post-party house-

cleaning is also a good way to get rid of germs — just be sure you know which cleaners work, and which ones could make things worse. Writer Lisa Bendall checked it out in the December issue of Best Health.

"We don't need to sterilize our homes; we just need to keep them clean," says Dr. Camille Lemieux, associate director of the University Health Network's Infection Prevention and Control Unit in

Toronto.

Indeed, Health Canada warns against using products in the home labelled 'antibacterial', 'antimicrobial' or 'bacteria-fighting', which typically contain benzalkonium chloride or triclosan, to kill common bacteria and viruses.

These chemicals may also wipe out the friendly bacteria we need to fight germs and stay healthy.

Plus, many health experts and agencies warn these products can lead to

a rise in antibiotic-resistant bacteria.

(However, products with antibacterial chemicals may be recommended in institutional settings such as hospitals, where traffic is high and the volume of germs on surfaces can be greater.)

So, what works best at home? Plain water won't suffice, but a cleaning product with a surfactant detergent will remove the germs we don't want.

Products with hydro-

gen peroxide or bleach can kill or inactivate viruses. Products labeled 'disinfectant' will also inactivate disease-causing bacteria and viruses, and don't necessarily contain the antibacterial chemicals health experts recommend avoiding.

And good old vinegar and water (a 1:1 solution) may work, too.

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Burger joint all grown up

► Earl's has come a long way from its beer-and-burger roots ► Now elegant and sophisticated, it keeps an emphasis on fresh West Coast casual cuisine

LUNCH RUSH

CHRISTOPHER THRALL
FOOD@METRONWS.CA



Earl's opened in Edmonton three decades ago as a beer-and-burger joint. Now in

50 locations across Canada and the U.S., Earl's "West Coast casual" cuisine helped define an entire genre of restaurant and managed to keep making a killer burger.

► **Earl's Crossroads**
4250 Calgary Trail
780-439-5888
earls.ca
Price range: Mid to high
Social lunch: Yes
Licensed: Yes
Rating: 4.5 out of 5

The late '60s lounge decor of Earl's Crossroads was warm and welcoming as we slid into our comfy booth. Instead of getting lost in the huge array of options, I decided on the Los Cabos Chicken Tacos (\$13) with a side salad (\$1) and a glass of Misterio Malbec (\$9.25).

Candied pecans and feta garnished what was simply the best side salad I have ever sampled.

The bold red wine gilded each bite and despite the cilantro overload, my tasty chicken tacos delivered a luscious and lingering one-two of avocado-corn salsa and honey-lime dressing.

The little burger joint has grown elegant and sophisticated, but keeps an emphasis on fresh food and its family-friendly core.



► Los Cabos Chicken Tacos with Side Salad

CHRISTOPHER THRALL

BLT Egg Wrap



Preparation:

- 1 Cook bacon in non-stick skillet over medium heat until crisp. Set aside; wipe skillet.
- 2 Whisk together egg, onion powder, salt and pepper in small bowl. Pour into skillet; cook, stirring slightly, over medium heat.
- 3 Cook until eggs are thickened and no visible liquid egg remains. Spread tortilla with mayonnaise. Place lettuce on top; add

Ingredients:

- Slice chicken or turkey bacon, cooked
- Egg
- ¼ tsp (1 mL) onion powder
- Salt and pepper, to taste
- Low-fat flour tortilla
- 2 tsp (10 mL) fat-free mayonnaise
- Leaf lettuce
- 1 tbsp (30 mL) tomato, diced

bacon, egg and tomato. Fold wrap and serve. NEWS CANADA

Transform cauliflower into a dinner favourite

Fried Caper Vinaigrette

This recipe makes plenty. You'll need about a quarter of it for the cauliflower. The rest can be refrigerated and used on salads.

Preparation:

- 1 In a medium sauté pan over medium heat, heat 50 mL (¼ cup) of the oil. Add capers, shallots and garlic, then cook, stirring constantly, for 2 to 4 minutes, or until just starting to brown but the oil is still clear. Transfer to a medium bowl, including all of the cooking oil, and set aside to cool.

- 2 Once mixture has cooled, add vinegar, mustard, salt and pepper. While whisking, drizzle in remaining oil. Whisk until thoroughly blended. Adjust seasoning with additional salt and pepper, if necessary, and use immediately or refrigerate in a

Ingredients:

- 150 mL (⅔ cup) olive oil
- 15 mL (1 tbsp) salt-cured capers, rinsed and chopped
- 30 mL (2 tbsp) chopped shallots
- 5 mL (1 tsp) grated garlic (about 2 cloves)
- 75 mL (⅓ cup) red wine vinegar or sherry vinegar
- 5 mL (1 tsp) whole-grain Dijon mustard
- Pinch sea salt and ground black pepper

tightly sealed container for up to 2 days. Makes 250 mL (1 cup).

Tip: Don't feel like frying the capers, shallots and garlic? Give them a rough chop, then add them raw to the vinaigrette. Salt-cured capers should always be rinsed with cold water, then dried with paper towels, before being used.

THE ASSOCIATED PRESS



► This recipe makes 8 servings.

Preparation:

- 1 Heat oven to 200 C (400 F). Set a wire rack over a baking sheet.
- 2 Wash and trim both heads of cauliflower,

Ingredients:

- 2 heads cauliflower (about 2 kg or 4 ½ lb)
- 30 mL (2 tbsp) olive oil, or more if needed
- 10 mL (2 tsp) kosher salt, or more to taste
- Fried caper vinaigrette
- Minced country ham for garnish (optional)

cutting out and discarding core and cutting top into large florets. Place florets in a large bowl and drizzle with olive oil, then toss (you may need to do this in 2 batches) until all the surfaces of the cauliflower are coated with a thin film of oil. Sprinkle with salt and toss again.

- 3 Place florets on prepared rack. Roast for 30 minutes. Use tongs to turn florets, then roast for another 15 to 20 minutes or until deeply caramelized.

- 4 Return florets to the bowl and, while still hot, drizzle and toss with a little of the fried caper vinaigrette (recipe follows). Add just

enough vinaigrette to lightly coat. Transfer florets to a serving platter, then sprinkle with minced country ham.

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YOUR NET WORTH

FUN AND FRUGAL

LESLEY SCORGIE
MONEY@METRONEWS.CA

I love setting financial goals for the new year. But over the years I've learned to pare back to just one or two that I can really focus on, rather than 10 smaller ones.

Take 60 seconds and think about what you'd like to change about your financial health in 2012.

The most popular areas are debt reduction, frugal living and investing.

All three of these elements contribute to your overall net worth; what you have left over when your total liabilities are subtracted from your total asset.

Where does your net worth stand? And no, your car isn't considered an asset so scratch it off the list.

Set a net worth goal this year. So, if your net worth is currently \$12,500, aim to increase it through debt reduction and asset growth to \$20,000 by the end of 2012.

Hands down, the most effective ways to reduce debt are to make your payments automatically on the day you get paid, pay a little extra each month (even \$10 makes a difference), and negotiate your interest rates so that you pay as little interest as possible.

The most effective ways to increase your assets are to save through an employer-sponsored RRSP, pension or savings program.

If you've been sitting on the fence about home ownership, stop renting and build equity in your own home. But, this only makes sense if your cash flow can handle it.

Living a frugal life mind-ing your dollars and cents will help you accomplish your goals. **FOR LESLEY SCORGIE'S FULL COLUMN VISIT METRONEWS.CA**

Befriend your finances

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

This is an important day for me. My new book *Count on Yourself: Take Charge of Your Money* (Simon & Schuster Canada) is now in stores and available online. This marks book number 11 (the rest co-authored with David Cruise) so you wouldn't think I'd find it such a big deal any more.

But I do and it's because the topic has never been so important. With the economic events of the past few years, our increasing debt load and the terrible state of so many retirement portfolios and savings plans — we must start taking charge of our money.

You don't need to be good in math or even com-

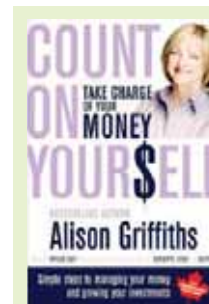
fortable with numbers in order to do so. All that's required is a plan.

It's particularly vital for us to seize control in the realm of investing. Most people hand over decisions about what they buy for RRSPs, RESPs, RRIIFs and TF-SAs to someone else because they are intimidated.

The financial services industry has done a superb job of convincing us that investing is way too complicated for the average Joe and Jill. Not so!

My goal in *Count on Yourself* is to give you the confidence and tools to set up and monitor a simple, safe, low-fee investment portfolio — and the best news is that it will out-perform most professionally constructed portfolios.

The first part of the book explores our attitudes toward money and how they stop us from taking charge of our money. The second section offers tips to help



"The financial services industry has done a superb job of convincing us that investing is way too complicated for the average Joe and Jill. Not so!"

you become financially organized while the third shows you how to evaluate your situation and needs.

Finally, I introduce you

to a group of low-fee, low stress and easily understandable sample portfolios using Exchange Traded Funds (ETFs) and index mutual funds.

When you're finished you will be in control of your money whether you use an advisor or prefer to do it yourself.

After the initial setup it will only take 30 minutes a month to stay on top of your investments.

There's also a contest to win a one-on-one telephone consult with yours truly about anything to do with personal finance or investments. You can enter through the *Count on Yourself* link on my website, alisongriffiths.ca.

Happy New Year all and I hope 2012 becomes a take-charge-of-your-money year.

ALISON GRIFFITHS IS THE AUTHOR OF COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM.

A year in tweets

► Nowadays Twitter is how many people communicate with each other ► New book shows that some people use it better than others

DOROTHY ROBINSON
LIFE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Out of the billions and billions of tweets sent out in 2011, which ones captured that certain moment in time the best?

Instead of sifting through all of those to find the best ones, we luckily have author Kate Bussmann, who compiled the book *A Twitter Year: 365 Days in 140 Characters*, which distills a year of conversation, argument, revelation and revolution into a review of the year as written by the Twitter community.

Bussmann corresponded with us — in more than 140 characters — about the compilation.

First of all, why a book on the year in tweets?

This has been a banner year for Twitter. The numbers keep on rising — when my book went to press, we were up to 230 million tweets per day, from 65 million in June 2010. And that number is already out of date — we're now up to 250 million.

For me and millions of others, the way we consume news has dramatically changed since the birth of Twitter.

We've become a lot more demanding, and we've got used to being able to control who and what we're watching.

We used to turn on CNN when a big story like the rescue of the Chilean miners was breaking.

Now we're likely to be on Twitter as well, because we want to get reaction from experts we trust or speak to our friends, and Twitter allows us to edit



and create our own bespoke news channel.

How did you narrow down what to put in the book? How did they stand out from the rest? And how did you uncover them?

It's been an incredibly eventful year: The Royal

Wedding, the Arab Spring, the News Corp. scandal, the rescue of the Chilean miners, the capture of Osama bin Laden, the attacks in Norway, the Japanese earthquake and nuclear disaster, the death of Amy Winehouse, Schwarzenegger's secret son. ... So I really had a wealth of material to choose from. When it came to picking tweets about news events, my main priority was to find people who were firsthand witnesses to the events they were describing; so with the Egyptian revolution, for instance, I looked for people who were in Tahrir Square on Feb. 11, the day that Mubarak fell.

Do you find Twitter to be a major help in your life or a major distraction?

Both! I'm actually trying to scale back a bit, particularly when I'm not at my desk.



► Author Kate Bussmann says there are up to 250 million tweets being sent out per day.

Canadians cautious as flu bug hits coaches

Canada's coaches needed a day without a game at the world junior hockey championship more than the players did.

Head coach Don Hay and assistant Scott Walker weren't on the ice for the practice Monday. The two were sequestered in the team hotel with the flu.

Assistant coaches George Burnett and Ryan Huska ran drills at Canada Olympic Park as the Canadians prepared for Tuesday's semifinal in Calgary.

Canada will face Russia, who defeated the Czech Republic 2-1 in Monday's quarter-final.

Huska expected Hay to be behind Canada's bench Tuesday night in a game that will determine which country plays for gold.

"Don, he'll be back," Huska said. "We're just taking all the precautions we can right now."

After going 4-0 to win Pool B, the Canadians had two straight days without a game and a bye to the semifinal. Sweden won Pool A with a 2-0-2 record and also had Monday off while Russia, the Czechs, Finland and Slovakia played quarter-final contests.

It's worrisome for the Canadians that the flu bug has struck. Forward Michael Bournival sat out last week's game against Denmark because of it, although he was back in the lineup for Saturday's 3-2 win over the U.S. in Edmonton. **THE CANADIAN PRESS**



"It'll probably help bring us closer together and remind us to take care of ourselves even more, so I think we'll be ready for the game (Tuesday)."

CENTRE FREDDIE HAMILTON ON HOW TEAM CANADA WILL BATTLE THROUGH THE FLU BUG

Winter. Classic



► Flyers goalie Sergei Bobrovsky looks on as Rangers Brandon Dubinsky, centre, Ryan Callahan and Brad Richards celebrate Richards' game-winning goal at Citizens Bank Park in Philadelphia on Monday.

BRUCE BENNETT/GETTY IMAGES

Rangers rally to beat Flyers in outdoor game

Henrik Lundqvist stopped Danny Briere's penalty shot with 19 seconds left, Brad Richards scored the go-ahead goal early in the third period and the New York Rangers rallied from a two-goal deficit to beat the Philadelphia Flyers 3-2 in the Winter Classic on Monday at Citizens Bank Park.

Playing on a rink that stretched from first base to third base, the Rangers made the league's fifth Classic event a memorable one to stay atop the Eastern Conference standings. **THE ASSOCIATED PRESS**

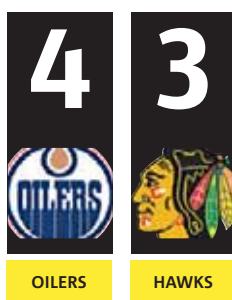
Oilers win game, but lose Nugent-Hopkins

► Rookie leaves game against Blackhawks with upper-body injury

Ryan Smyth, Taylor Hall and Andy Sutton scored in the second period and the Edmonton Oilers bounced back from Daniel Carcillo's nasty hit during a chippy 4-3 victory over the Chicago Blackhawks on Monday night.

Jordan Eberle added two assists for the Oilers, including a perfect backhand pass to Sutton for the tie-breaking goal. Ben Eager added an insurance goal in the third period as Edmonton snapped a three-game slide.

The win was costly for Edmonton, as centre Ryan Nugent-Hopkins left with an upper-body injury. The No. 1 pick in last year's



draft, Nugent-Hopkins began the day leading NHL rookies with 35 points (13 goals, 22 assists).

Jonathan Toews, Andrew Brunette and Jimmy Hayes scored for Chicago, which had won three of

four and 10 of 13. The Blackhawks were looking to avenge a 9-2 loss at Edmonton in their previous meeting Nov. 19, but were hurt by Carcillo's costly penalty in the second.

Hayes' first career goal in his second game trimmed Edmonton's lead to 4-3 with 3:49 left. The Blackhawks then got a power-play opportunity when Ryan Jones was sent off for goalie interference, but Devan Dubnyk made a couple of big stops to preserve the victory.

Dubnyk finished with 39 saves. Corey Crawford had 26 stops for Chicago.

The Oilers trailed 1-0 when Carcillo launched

Edmonton defenceman Tom Gilbert into the boards at 7:23 into the second period, resulting in a major boarding penalty and a game misconduct. Carcillo and Gilbert both went down after the vicious hit and had to be helped off the ice.

Smyth tied it just 16 seconds into the five-minute power play, whacking the puck in from the right post for his 15th goal.

Chicago dropped to 14-1-1 when scoring first. It also was the fourth regulation home loss for the Blackhawks this season.

THE ASSOCIATED PRESS

4 sports

Oilers preview

Edmonton at Buffalo
5 p.m.
TV: SNET



The Oilers (15-19-3) continue their road trip in Buffalo (17-17-4). The Sabres are winless in three games, but have earned points in six of their last seven home games. Derek Roy has two points and is a minus-3 in his last seven games, while rookie Luke Adam has cooled after a hot start with one point in his last 11 games. Tyler Myers (wrist surgery) is skating, but there is no timetable for his return. Andrej Sekera and Christian Ehrhoff are both likely to miss weeks with upper-body injuries sustained in games last week, leaving Buffalo's defence badly depleted.

THE CANADIAN PRESS



Scan code for more sports.

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	37	24	9	1	3	110	79	52	11-3-0-2	13-6-1-1	7-3-0-0	W2
d-Boston	35	24	10	0	1	123	68	49	13-6-0-1	11-4-0-0	7-3-0-0	L1
d-Florida	39	20	12	3	4	103	107	47	10-4-1-4	10-8-0-2	4-4-1-1	W1
Philadelphia	37	22	11	2	2	125	109	48	8-6-1-1	14-5-1-1	5-4-0-1	L1
Pittsburgh	38	21	13	2	2	121	100	46	11-5-2-0	10-8-0-2	5-5-0-0	L2
Ottawa	40	20	15	3	2	123	135	45	12-8-0-1	8-7-3-1	7-3-0-0	W3
New Jersey	38	21	15	1	1	105	108	44	10-6-0-1	11-9-1-0	7-2-1-0	L1
Winnipeg	38	19	14	3	2	104	107	43	14-6-0-1	5-8-3-1	6-3-0-1	W3
Washington	37	20	15	0	2	111	109	42	13-5-0-1	7-10-0-1	6-3-0-1	W3
Toronto	38	18	15	3	2	118	125	41	8-5-2-2	10-10-1-0	3-5-2-0	L3
Buffalo	38	17	17	2	2	100	112	38	9-9-2-2	8-8-0-0	2-6-1-1	L3
Tampa Bay	37	17	17	1	2	104	122	37	11-5-0-0	6-12-1-2	5-4-1-0	W3
Montreal	39	14	18	2	5	99	110	35	5-7-2-4	9-11-0-1	3-7-0-0	L2
NY Islanders	36	13	17	4	2	84	113	32	8-9-3-0	5-8-1-2	4-6-0-0	W2
Carolina	40	13	21	4	2	103	135	32	9-10-0-2	4-11-4-0	4-4-2-0	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	39	24	11	1	3	128	111	52	14-4-0-3	10-7-1-0	7-3-0-0	W3
d-Vancouver	40	24	13	0	3	131	99	51	11-5-0-2	13-8-0-1	6-3-0-1	L2
d-San Jose	35	20	11	3	1	102	85	44	12-7-2-0	8-4-1-1	5-2-2-1	W1
Detroit	38	24	13	1	0	123	84	49	15-2-1-0	9-11-0-0	6-4-0-0	W1
Minnesota	40	21	13	2	4	95	95	48	11-6-1-2	10-7-1-2	1-6-0-3	L3
St. Louis	38	21	12	0	5	95	85	47	14-3-0-2	7-9-0-3	5-3-0-2	L3
Nashville	39	21	14	3	1	105	108	46	11-6-1-2	10-8-1-0	7-3-0-0	W3
Los Angeles	39	19	14	3	3	86	90	44	11-9-0-1	8-5-3-2	6-2-1-1	W1
Dallas	37	21	15	0	1	100	107	43	12-6-0-1	9-9-0-0	6-4-0-0	W1
Colorado	40	21	18	1	0	108	115	43	13-10-0-0	8-8-1-0	8-2-0-0	W2
Phoenix	39	19	16	2	2	102	103	42	7-8-2-1	12-8-0-1	4-5-1-0	W1
Calgary	40	18	17	3	2	99	111	41	10-5-1-1	8-12-2-1	4-3-2-1	L3
Edmonton	38	16	19	0	3	104	107	35	10-6-0-2	6-13-0-1	3-7-0-0	W1
Anaheim	37	10	21	2	4	87	124	26	7-11-1-0	3-10-1-4	2-7-0-1	L2
Columbus	38	10	23	1	4	93	128	25	6-11-1-2	4-12-0-2	2-7-0-1	L1

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results

Edmonton 4 Chicago 3
Ottawa 3 New Jersey 2 (OT)
San Jose 3 Vancouver 2 (SO)
Colorado at Los Angeles

NHL WINTER CLASSIC

At Philadelphia
N.Y. Rangers 3 Philadelphia 2

Sunday's result

Nashville 5 Calgary 3

Tonight's games

All Times Eastern
Calgary at Washington, 7 p.m.
Edmonton at Buffalo, 7 p.m.
Tampa Bay at Toronto, 7 p.m.
N.Y. Islanders at Carolina, 7 p.m.
Phoenix at St. Louis, 8 p.m.
Detroit at Dallas, 8 p.m.

Tomorrow's games

Winnipeg at Montreal, 7:30 p.m.

Boston at New Jersey, 7:30 p.m.

Minnesota at Vancouver, 10 p.m.

San Jose at Anaheim, 10 p.m.

Thursday's games

Calgary at Boston, 7 p.m.

Winnipeg at Toronto, 7 p.m.

Florida at N.Y. Rangers, 7 p.m.

Chicago at Philadelphia, 7 p.m.

Tampa Bay at Ottawa, 7:30 p.m.

Edmonton at St. Louis, 8 p.m.

Dallas at Nashville, 8 p.m.

Phoenix at Los Angeles, 10:30 p.m.

Columbus at San Jose, 10:30 p.m.

Friday's games

Florida at New Jersey, 7 p.m.

N.Y. Rangers at Pittsburgh, 7 p.m.

Buffalo at Carolina, 7 p.m.

Colorado at Chicago, 8:30 p.m.

N.Y. Islanders at Anaheim, 10 p.m.

SHARKS 3, CANUCKS 2 (SO)

First Period

1. Vancouver, Hansen 12 (Hodgson) 15:42

Penalties — Murray SJ (interference) 2:57, Mur-

ray SJ (interference) 16:13, Burrows Vcr (hook-

ing) 17:24, Demers SJ (high-sticking) 19:05.

Second Period

2. San Jose, Ferriero 3 (Clowe, Couture) 1:34

3. San Jose, Marleau 14 (Braun, Pavelski) 10:32

Penalties — Ebbett Vcr (tripping) 3:02, Vlasic

SJ (slashing), Burrows Vcr (slashing) 19:48.

Third Period

4. Vancouver, Hodgson 9 (Hamhuis, Bieksa)

11:35 (pp)

Penalties — Demers SJ (tripping) 1:40, Burns

SJ (high-sticking) 2:31, Luongo Vcr (delay of
game; served by D.Sedin) 6:05, Clowe SJ
(holding) 10:31.

Overtime

No Scoring.

Penalties — None.

Shootout

San Jose wins 1-0

San Jose (1) — Clowe, miss; Pavelski, miss;

Handzus, goal; Vancouver (0) — Burrows,

miss; Hodgson, miss; Kesler, miss.

Shots

San Jose 7 17 9 2—35

Vancouver 9 7 11 2—29

Goal — San Jose: Niemi (W,16-7-4); Vancou-

ver: Luongo (SOL,16-8-3). Power plays (goals-
chances) — San Jose: 0-3; Vancouver: 1-6.

Referees — Dean Morton, Tim Peel. Linesmen

— Brad Lazarowich, Don Henderson.

Attendance — 18,860 (18,860) at Vancouver.

OILERS 4, BLACKHAWKS 3

First Period

1. Chicago, J.Toews 22 (Carcillo) 12:54

Penalties — Carcillo Chi (hooking) 3:54, Potter

Edm (holding) 7:27.

Second Period

2. Edmonton, Smyth 15 (Horcoff, Hall) 7:39 (pp)

3. Edmonton, Hall 11 (Eberle, Potter) 11:00 (pp)

4. Chicago, Brunette 9 (Hjalmarsson, Kane) 12:39

5. Edmonton, Sutton 2 (Eberle, Smyth) 16:23

Penalties — Hemsky Edm (hooking) 3:11, Car-

cillo Chi (boarding major, game misconduct)

7:23, Sharp Chi (cross-checking) 18:47.

Third Period

6. Edmonton, Eager 3 (Petry) 8:17

7. Chicago, Hayes 1 (Bickell, Mayers) 16:11

Penalties — Belanger Edm (double high-stick-

ing) 11:14, Jones Edm (goaltender interfer-

ence) 16:23.

Shots

Edmonton 11 13 6 30

Chicago 10 9 23 42

Goal — Edmonton: Dubnyk (W,5-9-0); Chicago:

Crawford (L,15-9-2). Power plays (goals-
chances) — Edmonton: 2-5; Chicago: 0-5.

Referees — Steve Kozari, Francois St. Laurent.

Linesmen — Bryan Pandich, Scott Driscoll.

Attendance — 21,216 (19,717) at Chicago.

FOOTBALL

NCAA BOWL GLANCE

All Times Eastern

Yesterday's results

TICKETCITY BOWL

At Dallas

Houston 30 Penn State 14

CAPITAL ONE BOWL

At Orlando, Fla.

South Carolina 30 Nebraska 13

OUTBACK BOWL

At Tampa, Fla.

Michigan State 33 Georgia 30 (30T)

GATOR BOWL

At Jacksonville, Fla.

Florida 24 Ohio State 17

ROSE BOWL

At Pasadena, Calif.

Oregon 45 Wisconsin 38

FIESTA BOWL

At Glendale, Ariz.

Stanford (11-1) vs. Oklahoma State (11-1)

Tonight's game

SUGAR BOWL

At New Orleans

Michigan (10-2) vs. Virginia Tech (11-2), 8 p.m.

Tomorrow's game

ORANGE BOWL

At Miami

West Virginia (9-3) vs. Clemson (10-3), 8 p.m.

Friday's game

COTTON BOWL

At Arlington, Texas

Kansas State (10-2) vs. Arkansas (10-2), 8 p.m.

Saturday's game

BBVA COMPASS BOWL

At Birmingham, Ala.

Pittsburgh (6-6) vs. Southern Methodist (7-

5), Noon

HOCKEY

2012 WORLD JUNIOR
CHAMPIONSHIP

All Times Eastern

CHAMPIONSHIP BRACKET

Yesterday's results

At Calgary

QUARTER-FINALS

QF1 — Finland 8 Slovakia 5

QF2 — Russia 2 Czech Republic 1 (OT)

Today's games

At Calgary

SEMIFINALS

Sweden vs. Finland, 5 p.m.

Canada vs. Russia, 9 p.m.

Tomorrow's games

FIFTH PLACE

Slovakia vs. Czech Republic, 9 p.m.

Thursday's games

BRONZE MEDAL

Semifinals losers, 3:30 p.m.

GOLD MEDAL

Semifinals winners, 8 p.m.

2012 WORLD UNDER-17
CHALLENGE

At sites in Southwestern Ontario

All Times Eastern

PRELIMINARY ROUND

GROUP A

	GP	W	OTW	OTL	L	GF	GA	Pt
Ontario	4	4	0	0	0	21	4	12
Sweden	4	3	0	0	1	22	14	9
Quebec	4	2	0	0	2	11	15	6
Atlantic	4	1	0	0	3	8	17	3
Germany	4	0	0	0	4	5	17	0

Group B

	GP	W	OTW	OTL	L	GF	GA	Pt
U.S.	4	3	0	0	1	18	9	9
Pacific	4	3	0	0	1	15	9	9
Russia	4	3	0	0	1	15	11	9
Czech Republic	4	1	0	0	3	8	14	3
West	4	0	0	0	4	10	23	0

Note: Three points awarded for a regulation win, two for an overtime win and one for an overtime loss.

Yesterday's results

At Windsor, Ont.

Ontario 6 Quebec 2

Sweden 8 Atlantic 2

At LaSalle, Ont.

Russia 6 West 3

At Tecumseh, Ont.

U.S. 4 Pacific 2

Sunday's results

At LaSalle, Ont.

Ontario 3 Atlantic 0

Russia 3 Czech Republic 2

At Tecumseh, Ont.

Sweden 5 Germany 2

U.S. 7 West 3

PLAYOFFS

Today's games

At Windsor, Ont.

SEMIFINALS

U.S. vs. Sweden, 2 p.m.

Ontario vs. Pacific, 7 p.m.

At Tecumseh, Ont.

SEVENTH PLACE

Atlantic vs. Czech Republic, 7 p.m.

At LaSalle, Ont.

NINTH PLACE

Germany vs. West, 2 p.m.

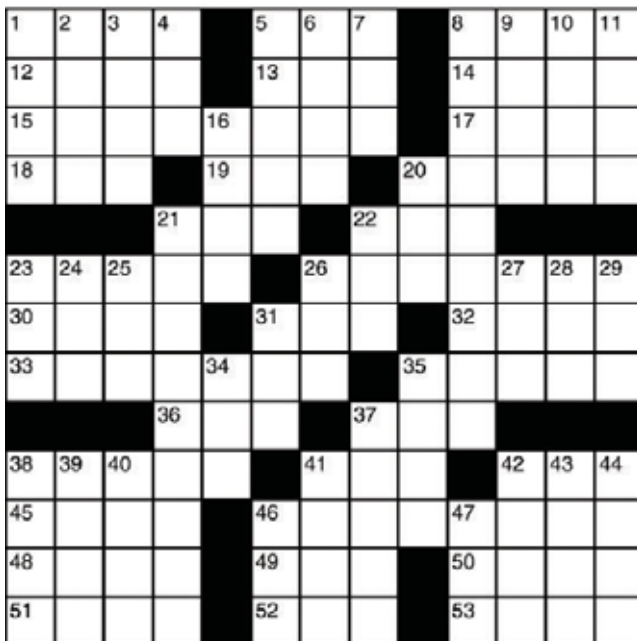
FIFTH PLACE

Quebec vs. Russia, 7 p.m.

Crossword

Across

- 1 Level in a hierarchy
5 Lower limb
8 Tranquil
12 Burn soother
13 Hockey surface
14 Hodgepodge
15 Road on a cliff's face
17 Nevada city
18 Greek vowel
19 Carnival venue
20 Beginning
21 Private place to sleep?
22 Compete
23 Cookwear?
26 Guys
30 Back
31 Chicken —
32 Concept
33 Current generator for some engines
35 Confuse
36 A Gabor
37 Ph. bk. data
38 Wooden box
41 Ultra-modernist
42 Periodical, for short
45 Stereo setup
46 City in Ontario
48 "Oh, woe!"
49 Pt. of speech
50 Therefore
51 Impudent
52 Spelling contest
53 Physical
Down
1 Compete on a track
2 Greatly
3 Mrs. Nick Charles
4 Documentary filmmaker Burns



- 5 Within the law
6 Reverberate
7 "Golly!"
8 Roddy McDowall's "Planet of the Apes" role
9 Brewery products
10 Queue
11 Academic
16 Press
20 Lubricate
21 Musician in the brass section
22 Irritate
23 Upper limb
24 Shell game item

- 25 Tatter
26 Egg — yung
27 Peculiar
28 Become one
29 Utter
31 Sch. org.
34 Previous night
35 Apollo's landing site
37 Chutzpah
38 Bloke 39 Anger
40 Somewhere out there
41 Protuberance
42 Fraternal surname of comedy

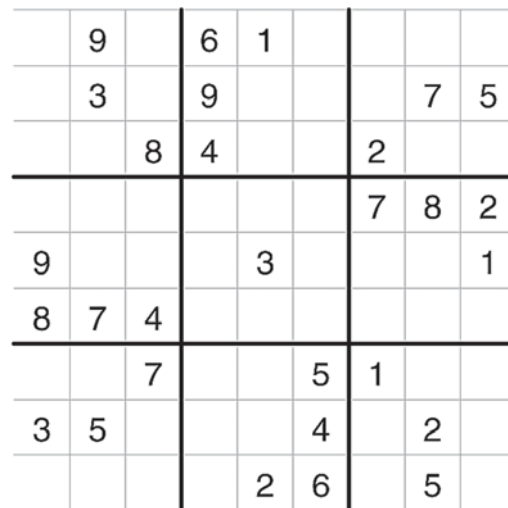
- 43 Plankton component
44 Snatch, with "onto"
46 Taxi

47 Teeny

Last crossword's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Last sudoku's answer



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

My Damsel in Distress were you my Princess I was writing to . from your Prince Charming? if so it was my pleasure. and you did make an impression on me thank you. I do hope our paths cross again
FROM YOUR HERO

*hey
A long time ago was swimming in dizziness every time we touched. Kisses left me craving, phone calls left me expecting, texting left me wondering. Since then we changed for whatever reasons unknown and faded into yesterday. For a fleeting moment felt like I was in heaven! Ah, the hell with romance and true love. Its all lies. Just a fool who let self be fooled. Foolish*
FROM ME

A look at the weather

TODAY Min -1° Max 3°
WEDNESDAY Min 2° Max 8°
THURSDAY Min 4° Max 8°

Michele McDougall Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 5:30 A.M.



Today's horoscope

♈ Aries March 21-April 20 It may seem to others as if nothing ever fazes you but in reality you are quite easily upset.
♉ Taurus April 21-May 21 You will splash out on something shiny that catches your eye today, but you may regret it tomorrow.
♊ Gemini May 22-June 21 Think before you act today because if you let your impulses get the better of you there is no telling where it might lead.
♋ Cancer June 22-July 22 It is possible to be too generous for your own good.
♌ Leo July 23-Aug. 23 Don't let your personal feelings interfere

with what you must do on the work front today.
♍ Virgo Aug. 24- Sept. 22 Someone in a position of authority may be an idiot but they have got the power to make life difficult for you, so watch what you say.
♎ Libra Sept. 23-Oct. 23 A drama could so easily become a crisis.
♏ Scorpio Oct. 24-Nov. 22 A small change you make today could result in huge consequences further down the line.
♐ Sagittarius Nov. 23-Dec. 21 If your life seems complicated it is only because you are making

For today's crossword answers and for expanded horoscopes, go to metronews.ca

it complicated.

♑ Capricorn Dec. 22-Jan. 20 Watch out you don't fall heavily for someone who is really not suitable for you at all.

♒ Aquarius Jan. 21-Feb. 18

You may be able to do a particular job better than anyone else but that does not mean you have to do it.

♓ Pisces Feb. 19-March 20.

Don't let problems of a domestic nature get you down over the next 24 hours. Most likely by this time tomorrow they will no longer exist, so stay calm and keep smiling.

• SALLY BROMPTON

Caption contest



"I was paintballing and this is how they got me." ERNESTO GRAVERAN



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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